

# The Hand & Flowers

## STARTERS

- Braised Pearl Barley with Somerset Hare,  
Orange Oil and Foie Gras. £11.00  
Salmon Tartare with Poppy Seed Crackers. £9.50  
Crispy Pig's Head with Artichokes, Crackling and Pancetta £9.00  
Truffled Pork Terrine with Dill, Pickles and Toasted Sour Dough. £10.95  
Parsley Soup with Smoked Eel, Bacon and Parmesan Tortellini. £8.50  
Parfait of Duck and Foie Gras with Orange Chutney and Toasted Brioche. £11.50  
Glazed Omelette of Smoked Haddock and Parmesan. £10.50  
MoulesMarinière with Warm Stout and Brown Bread. £9.50

## MAINS

- Slow Cooked Duck Breast with Savoy Cabbage, Duck Fat Chips and Gravy. £22.50  
"Great British Menu 2010"  
Red Wine Braised Shin of Beef with Hand and Flowers Carrot and Shin Sauce. £19.50  
Essex Lamb "Bun" with Sweetbreads and Salsa Verde. £23.50  
Line Caught Cod with Pastrami, Herb Crust and Étuvé of Leek. £22.50  
Cornish Day Boat Skate with Bacon Roast Parsnip, Trompettes, Cockles and Lardo. £23.00  
Fillet of Lancashire Beef with Hand and Flowers Chips and Béarnaise Sauce. £32.00  
Breast of Suffolk Chicken with Pistachio Crumble,  
Lovage Poached Turnips, Soft Polenta and Winter Truffle. £21.00  
Please be aware that some of the meats and fish are served medium rare.

Some dishes may contain nuts

## SIDES

- Salt Baked Potatoes (for two) £6.00  
All at £4.00  
Hand & Flowers Chips  
Crushed Swede with Cracked Black Pepper  
Winter Leaves with English Dressing  
Bucksum Kale with Crispy Ham Hock  
Pomme Boulangère  
ButteredJanuary King Cabbage

## DESSERTS

(All at £9.00)

- Selection of Cheese Served with Grape Chutney. £10.50  
Tonka Bean Panna Cotta with Poached Rhubarb, Ginger Wine Jelly and Rhubarb Sorbet.  
Glazed Russet Apple Tart with Eggnog Ice Cream  
Warm Pistachio Sponge Cake with Melon Sorbet and Marzipan.  
Vanilla Crème Brulée.  
Hand & Flowers Chocolate Cake with Salted Caramel and Muscovado Ice Cream.  
Pear Soufflé with Poire William Purée, Sweet Cheese and Mace.

(Cooked to order)

DUE TO FOOD BEING COOKED TO ORDER,

THERE MAY BE A SHORT WAIT DURING THE BUSY PERIODS.

THERE WILL BE A SERVICE CHARGE OF 10% ADDED TO TABLES OF 6 AND OVER